

# Parents as Teachers

## Healthy Start of North Central Florida Coalition

### 2018 Year in Review

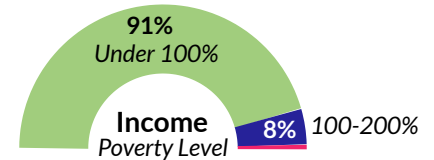
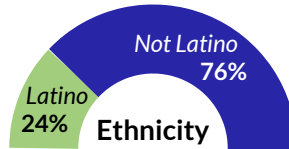
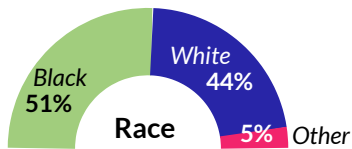
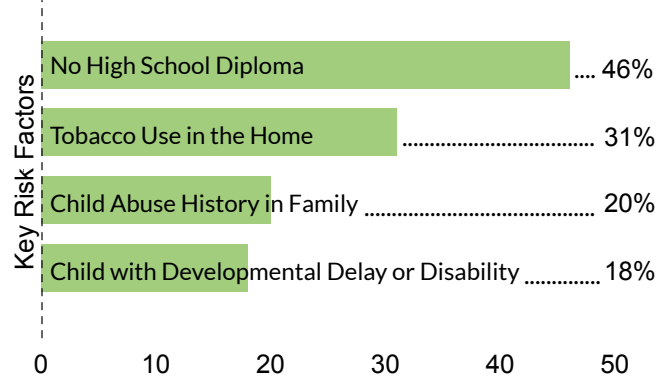
#### North Central PAT Serves Low Income Families from Diverse Backgrounds

Healthy Start of North Central Florida Coalition, in partnership with **UF Department of OBGYN**, serves new parents and their children aged 0-3 years in Bradford, Columbia, Hamilton, and Putnam counties with the evidence-based home visiting program Parents as Teachers (PAT).

In 2018, the program provided 1,300 home visits to:



**102 families** and  
**104 children**, including 62 infants.



#### Key Performance Outcomes

**97%**

of enrolled children had no investigated reports of abuse or neglect.

**88%**

of infants were always placed to sleep on their backs in a safe sleep environment.

**100%**

of children whose developmental screen showed a potential delay received timely supports and services.

**75%**

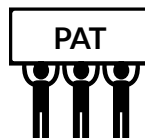
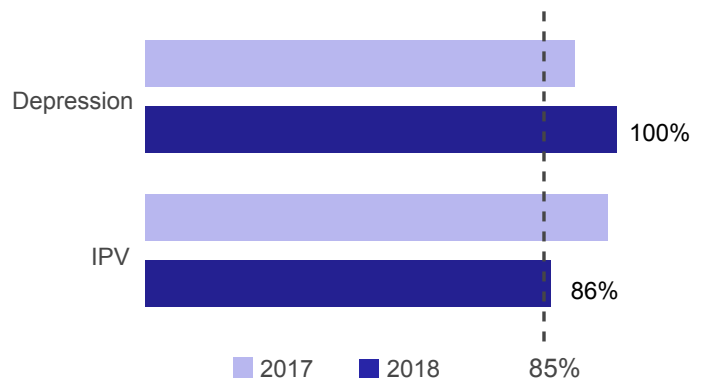
of children received the most recent well-child visit recommended by the American Academy of Pediatrics.

**99%**

of home visits included brief developmental surveillance of the child.

#### Screening for Needed Services

North Central PAT screens caregivers for depression and Intimate Partner Violence (IPV). Parent educators then assist families in accessing needed services. Screening rates for these concerns were above the 85% target in 2017 and 2018.



North Central PAT employs four parent educators, one supervisor, and administrative and data support staff.

All program staff receive extensive training from the Parents as Teachers National Center in St. Louis, MO.